

March 28, 1968

Dr. Michael C. Barry
Assistant Medical Director
White Laboratories, Inc.
Kenilworth, New Jersey 07033

Dear Dr. Barry:

I have just returned from a visit to the Department of Psychiatry at the University of Istanbul, where I met our coworkers and examined some of the patients receiving fluphenazine. You may recall that we sent them a supply of fluphenazine concentrate. A few weeks ago, in order to keep the study going, we sent a small supply of higher concentrated tablets from France. I examined the records and saw 7 patients receiving high dose fluphenazine.

Three of the patients who had failed to respond to standard doses of phenothiazines have shown a dramatic improvement with 300 to 500 mg of fluphenazine daily. Of the 7 patients, 5 had received between 100 and 600 mg daily, up to 10 days. In one patient I saw extrapyramidal symptoms but in the others, there was minimum rigidity, obvious only on fine testing. The one patient who exhibited the most rigidity was part of a low dose series, receiving 30 mg daily.

I was most impressed that the very high dose was safe (in 7 patients) and apparently useful. Dr. Polvan and his associates are continuing, within the limits of the medication available.

I trust the concentrate may soon become available so that this study can continue. Thank you very much for your cooperation.

Sincerely yours,

Max Fink, M.D.
Professor of Psychiatry

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