

May 28, 1987

Dr. H. Babikian  
Department of Psychiatry  
New York Medical College  
Westchester Medical Center  
Valhalla, New York 10595

Dear Hrair,

For a course in convulsive therapy for the residents, we propose three sessions, each of two hours.

1. Seminar: History; Indications; Clinical Issues in treatment; Risks and Side-effects; Maintenance therapies.

Videotape: Information for Professionals.

2. Technical Issues in Treatment: Electrode Placement; currents; anesthesia; high risk cases, instruments; seizure duration monitoring.

Consent. Information for patients and relatives.  
? Videotape #2- Information for Patients and Families

3. Clinical Case Seminar:

Question Period; Case presentations by the residents from your wards; and Review.

The first and third sessions will be by myself; for the second, my associate, Dr. Greenberg will talk about the technical issues; and our nurse, Mrs. Irene Carasiti, who teaches patients and families about ECT, answers their questions, and obtains consent, will discuss these aspects of the treatment.

We will provide reprints from the literature as well as a reading list for your reproduction; the latter well in advance of the course so that the materials can be made available for the students.

If this sequence is helpful, we can set aside the time and discuss the honoraria involved.

My regards.

Sincerely yours,

Max Fink, M.D.  
Professor of Psychiatry