

June 7, 1965

Dr. Arnold G. Blumberg
Hillside Hospital
P. O. Box 38
Glen Oaks, New York

Dear Arnold:

During the past few months we have been troubled by extensive alterations in weight in our patients when their medication was terminated, or when medication was restarted. In reviewing our experiences, I note that the weight changes were not significant. Yet I seem to recall that you detailed this experience and may have reviewed the literature.

Did you? If so, I would appreciate any information which may be of assistance to one of my young associates who is now undertaking a review of the problem and perhaps will try to summarize his experiences. One thing we have noted, is that the weight changes are not related to the behavioral changes, but appear to be dependent on the changes in drug regimen rather than any behavioral concomitant. This has become clearer because we have a group of patients in whom drug patterns have been changed on a scheduled basis independent of any behavioral change.

Are you planning to go to the reunion? I believe that I will be in New York at that time and shall try to make that evening meeting.

My best regards.

Sincerely yours,

Max Fink, M. D.
Professor of Psychiatry

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