

September 13, 1971

Fritz Freyhan, M.D.
Editor, *Comprehensive Psychiatry*
153 West 11 Street
New York 10011

Dear Fritz,

I am pleased to enclose a draft copy of a report of our experiences with multiple monitored convulsive therapy, *Clinical Experiences with Multiple Electroconvulsive Treatments*, for your consideration for *Comprehensive Psychiatry*.

We have been able to assess the clinical efficacy and the effects on memory of unilateral electrode placements, and these studies led us to multiple treatments. We have been surprised that the clinical results of multiple treatments is not much greater than one seizure-- suggesting that the biochemical changes after one seizure are near maximal, and that some development, in time, is necessary for the full development of the changes which are the basis for clinical results. The finding is similar to the observations with antidepressant medications.

I believe the report will interest our readers.

My best regards.

Sincerely yours,

Max Fink, M.D.
Professor of Psychiatry