

July 5, 1967

Dr. Paul Kay
15 Canterbury Road
Great Neck, New York

Dear Paul,

Since our meeting last week I have been stimulated to think about the merits of seminars in psychopharmacology for the practicing psychiatrist. Your suggestion that a few exchange "evenings-in" be arranged is a good one, and I would be pleased to cooperate. But perhaps, another format can also be considered by the committee.

Among the leaders in psychopharmacology are a number who have "specialized" in aspects of particular interest to clinical psychiatrists - ~~Heinz~~ Lehmann, Jonathan O. Cole, Karl Rickels, Fritz Freyhan, David Engelhardt, Nathan S. Kline and Leo Hollister - to name a few. I believe these men, and others, may be willing to participate in a community effort sponsored by the Society.

For practical purposes, the sessions may be concentrated in 5 weeks with 2 sessions each week; or in ten sessions at weekly intervals. The group should be limited to 20, or perhaps 25 members. Sessions can begin at 7 p.m. and if refreshments are available, continue to 11 p.m.

The suggested topics may be:

1. Pharmacotherapy models.
2. Anti-anxiety agents.
3. Anti-depressants.
4. Anti-psychotics.
5. Narcotic antagonists; anti-hallucinogens.
6. Combined drug and psychotherapy.
7. Anorexigenics, sedatives, hypnotics in practice.
8. Drugs in group therapy.
9. Laboratory and secondary effects.
10. Case presentations and review.

For such an endeavor, the expenses of the lecturers would have to be defrayed. Perhaps, the costs can be shared by the participants, who can be asked to enroll for a fee. I would estimate a provisional budget as being \$1,500 - a fee of \$100 would provide ample funds for speakers, reading materials and collations.

If this idea is of interest, I would be pleased to develop it further.

Sincerely yours,

Max Fink, M.D.
Professor of Psychiatry

cc: Dr. Willner
MF:kp