

February 9, 1966

Dr. A. M. Don
102 Medical Towers
Jeppe Street
Johannesburg, South Africa

Dear Andy,

These last few days before fatherhood are probably the most trying. I hope this letter finds you and Betty well.

Jonathan thanks you very much for your consideration in sending so many different stamps on your local letter.

Also, I want to congratulate you on your new venture into practice. There have been days in the past few years when I have wished that I had maintained my practice. There are many immediate rewards in helping patients get well. In the research racket, the rewards are few and one has to have a great deal of patience because the satisfaction of work well completed can only come many months after it has been presented and has been accepted by our peers. You might know that a major reason for my decision to take the opportunity in New York was related to the tolerance that they have for concurrent practice and the repeated insistence by the administration here that concurrent practice would be interpreted as "moonlighting" and was, therefore, not acceptable.

As for your question on the language study, we have completed the EEG analyses on the patients done last summer. Dr. Feldstein has undertaken the language transcriptions and these are complete. Because he needs computer time for the actual analyses, we have decided to make our facilities available just as soon as he can come and visit for a few days. Depending on the quality of the results, we will probably rewrite this report summarizing the initial study and the second study and should have this in some draft for you within the next few months.

It may interest you that we have had much better clinical effects with two of our present studies. Trifluoperidol represented the model for our present program and since then we have studied cycloserine, fluphenazine enanthate and thiothixene. The cycloserine activated our patients and we have had many complications. Fluphenazine enanthate, however, is a very effective phenothiazine which can be given parenterally once a week or once in ten days.

Dr. A. M. Don

-2-

February 9, 1966

We are finding this very useful. Most interesting, however, is thiothixene which is an effective antipsychotic compound which does induce parkinsonism but which has been very effective in our psychotic subjects. Some of the patients who failed on cycloserine and who have had difficulties with previous compounds are doing well. Unfortunately, I have none of the original trifluoperidol patients now ready for thiothixene, but will probably try two or three soon. Willie Johnson returned two weeks and I am keeping him off medication for a four week period before giving him thiothixene. If you are interested in undertaking new drug studies, I would suggest you contact the Squibb and Pfizer representatives.

Thank you again for your consideration and our best wishes.

Sincerely yours,

Max Fink, M.D.
Professor of Psychiatry

MF:kp