

March 21, 1970

Dr. Mohammed Rashid Chaudry  
83 Shah Jamal Colony  
Lahore, Pakistan

Dear Professor Choudry,

It was kind of you to write about the possibility of a project with Dr. A. Nafees. It is my understanding that his training director will permit him 2 months time away from the College this summer and, if he wishes to undertake a longer project, to do so next year for 6 months.

I do believe that 2 months is too short to accomplish any meaningful mission in a new setting, but I am delighted to cooperate by suggesting a number of projects which he could examine with your staff; and if the proposals are satisfactory to you as well, we can try to do as much of the preliminary work here, so that his six months sojourn may be most useful.

Among the possible projects are the following, which we will discuss with him, and he may examine in greater detail with you:

A comparison of unilateral and bilateral ECT: We are particularly interested in the new techniques of delivering ECT within 3 sittings, usually 4 days. The technique, called multiple monitored ECT (MMECT) is quite successful but needs a larger population for validation.

An evaluation of concentrate vs. capsule phenothiazines, with blood level monitoring in the treatment of schizophrenia.

Treatment of acute schizophrenic patients with cupriming-- a chelating agent.

If opiate dependent (heroin, morphine) are available, we are particularly interested in the use of antagonists, and these may be made available for experimental purposes, if you agree.

There are other projects as well, and these may be discussed with Dr. Nafees. I will give him some reprints of our work as well as some preprints and protocols of ongoing studies so that you can see the projects in the context of the ongoing work.

Thank you for your interest.

Sincerely yours,

Max Fink, M.D.  
Professor of Psychiatry